<https://soundcloud.com/mentalpod> Mental Illness Happy Hour

<https://www.stitcher.com/show/the-hilarious-world-of-depression> the Hilarious World of Depression

<https://meditationminis.com/> Meditation Minis

<https://podcasts.apple.com/us/podcast/the-positive-psychology-podcast-bringing-the/id912190084> The Positive Psychology Podcast

<https://www.verywellmind.com/the-verywell-mind-podcast-5113058> The Very Well Mind Podcast